

2. Hanse - Citylauf - Wesel

Ergebnisliste AK 5.000 m Jgd. + Jedermann - Lauf

| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Zeit |
|-----------------------|----------|-----------------------|--------|-------|---------------------------|-------|
| Schülerinnen D | | | | | | |
| 1 | 84 | Stevens, Theresa | 1997 | w | GSV Geldern | 23:48 |
| 2 | 126 | Etges-Weber, Michelle | 1997 | w | (Oberhausen) | 25:47 |
| Schülerinnen C | | | | | | |
| 1 | 113 | Horstkamp, Laura | 1996 | w | (Oberhausen) | 25:21 |
| 2 | 140 | Plate, Mareike | 1996 | w | Holding Pro-Homine | 26:22 |
| 3 | 144 | Plate, Janina | 1995 | w | Holding Pro-Homine | 26:37 |
| 4 | 167 | Brinkmeier, Neele | 1996 | w | (Oberhausen) | 27:38 |
| 5 | 196 | Arden, Verena | 1996 | w | (Wesel) | 30:05 |
| Schülerinnen B | | | | | | |
| 1 | 33 | Schmidtke, Lisa | 1994 | w | TuS Xanten | 20:26 |
| 2 | 92 | Frach, Franziska | 1993 | w | Weseler TV Leichtathletik | 24:05 |
| 3 | 159 | Rookes, Katarina | 1993 | w | TSV Raesfeld | 27:11 |
| Schülerinnen A | | | | | | |
| 1 | 45 | Erlemann, Lea | 1992 | w | LC Duisburg | 21:13 |
| 2 | 79 | Winkler, Cora | 1992 | w | LG Hünxe-Running Kids | 23:39 |
| 3 | 93 | Welz, Franziska | 1992 | w | Lauffreunde HADI Wesel | 24:11 |
| 4 | 98 | Leuther, Sandra | 1992 | w | (DGS) GSBV Halle | 24:30 |
| 5 | 156 | Droste, Jasmin | 1992 | w | TSV Raesfeld | 27:06 |
| w. Jugend B | | | | | | |
| 1 | 29 | Ensenmeier, Lisa | 1990 | w | SV 1919 Sonsbeck e.V. | 20:12 |
| 2 | 106 | Externbrink, Marlen | 1989 | w | SV Schermbeck | 24:54 |
| 3 | 165 | Mertesacker, Jana | 1990 | w | Hamwinkelner SV | 27:29 |
| w. Jugend A | | | | | | |
| 1 | 38 | Weibel, Leonie | 1987 | w | SV 1919 Sonsbeck e.V. | 20:39 |
| 2 | 112 | Externbrink, Kristin | 1988 | w | SV Schermbeck | 25:12 |
| 3 | 214 | Meyer, Maren | 1988 | w | (Wesel) | 31:42 |
| Frauen | | | | | | |
| 1 | 13 | Alder-Baerens, Nele | 1978 | w | (DGS) GSV Karlsruhe | 17:41 |
| 2 | 25 | Libijn, Ilse | 1981 | w | KAA GENT | 19:36 |
| 3 | 82 | Lobitz, Rebecca | 1982 | w | Hotte`s Fitnessclub Wesel | 23:41 |
| 4 | 86 | Dworzak, Jessica | 1985 | w | TUS Drevenack | 23:53 |
| 5 | 100 | Geeroms, Kathy | 1985 | w | KAA GENT | 24:38 |
| 6 | 101 | Schulze, Annette | 1982 | w | (DGS) Berliner GSV | 24:44 |
| 7 | 102 | Alkan, Fatma | 1980 | w | (DGS) GSV Bielefeld | 24:44 |
| 8 | 105 | Goßens, Friederike | 1986 | w | SV Spellen | 24:53 |
| 9 | 108 | Skoeries, Anna | 1986 | w | SV Spellen | 24:58 |
| 10 | 111 | Kraus, Diana | 1983 | w | (DGS) GSBV Halle | 25:02 |
| 11 | 124 | Lakermann, Diane | 1980 | w | BV Wesel Rot-Weiss | 25:45 |
| 12 | 139 | Egetenmeier, Jenny | 1982 | w | Hotte`s Fitnessclub Wesel | 26:21 |
| 13 | 150 | Döbbelt, Anne | 1977 | w | (DGS) GSV Münster | 26:46 |
| 14 | 163 | Kochale, Kristina | 1985 | w | DSHS Köln | 27:25 |
| 15 | 187 | Maron, Sabine | 1985 | w | (Wesel) | 29:27 |
| 16 | 202 | Schneider, Frauke | 1979 | w | Autohaus Lackermann-Team | 30:31 |
| 17 | 223 | Hof, Sarah | 1986 | w | Volksbank Rhein-Lippe eG | 34:36 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|----------------------------|--------|-------|----------------------------|-------|
| W30 | | | | | | |
| 1 | 142 | Pusch, Ivonne | 1974 | w | Skip-Bull-Wesel | 26:25 |
| 2 | 172 | Maassen, Petra | 1972 | w | Verbands-Sparkasse Wesel | 28:02 |
| 3 | 197 | Klammer, Petra | 1974 | w | (Hünxe) | 30:14 |
| 4 | 208 | Fenske, Géraldine | 1975 | w | die gang | 30:48 |
| 5 | 227 | Geerk, Claudia | 1975 | w | (DGS) HSV Wesel | 35:12 |
| 6 | 233 | Holtmann, Michaela | 1974 | w | (DGS) HSV Wesel | 44:27 |
| W35 | | | | | | |
| 1 | 31 | Hawix, Annemarie | 1971 | w | LT Schnecke SV Sonsbeck | 20:23 |
| 2 | 60 | Klein, Petra | 1967 | w | (DGS) GTSV Essen | 22:09 |
| 3 | 83 | Eicker, Andrea | 1968 | w | (DGS) GSV Würzburg | 23:46 |
| 4 | 114 | Mackscheidt, Heike | 1970 | w | LG Hünxe | 25:21 |
| 5 | 118 | Gerstner, Elke | 1967 | w | (DGS) GSV Düsseldorf | 25:28 |
| 6 | 154 | Rupp, Astrid | 1971 | w | pro homine | 26:54 |
| 7 | 178 | Theißen, Anja | 1968 | w | SV Bislich | 28:40 |
| 8 | 179 | Grieger, Annett | 1968 | w | (DGS) GSV Bielefeld | 28:41 |
| 9 | 212 | Arden, Silvia | 1967 | w | (Wesel) | 31:29 |
| 10 | 224 | Bär, Manuela | 1969 | w | Lauftreff Rotach | 34:47 |
| 11 | 225 | Defner-Becker, Karin | 1967 | w | (Wesel) | 34:57 |
| 12 | 230 | Sett, Elli | 1968 | w | SG- Erfttal-Indiaca | 36:42 |
| W40 | | | | | | |
| 1 | 39 | Marschner, Maria | 1965 | w | (DGS) HSV Wesel | 20:39 |
| 2 | 134 | Hoyer, Julia | 1963 | w | (DGS) GSV Wuppertal | 26:10 |
| 3 | 146 | Schmidberger-Visser, Julia | 1963 | w | Lebensh. Unterer Niederrh. | 26:40 |
| 4 | 180 | Rademacher, Johanna | 1963 | w | (Wesel) | 28:42 |
| 5 | 199 | Schwenke, Jutta | 1962 | w | die wilde 13 | 30:25 |
| 6 | 203 | Langhoff, Martina | 1964 | w | (Wesel) | 30:32 |
| 7 | 206 | Berger, Angela | 1962 | w | TSV Weeze | 30:37 |
| 8 | 211 | Zorn, Maria | 1963 | w | (Wesel) | 31:24 |
| 9 | 217 | Stein, Astrid | 1966 | w | die wilde 13 | 32:43 |
| 10 | 220 | Hoffmann Schwerin, Gaby | 1963 | w | (Wesel) | 33:35 |
| W45 | | | | | | |
| 1 | 51 | Skodinsky, Gisela | 1958 | w | Homberger TV | 21:50 |
| 2 | 95 | Burg, Birgit | 1958 | w | Henkel Lauflöwen | 24:23 |
| 3 | 122 | Ehmer, Brigitte | 1961 | w | SUS Wesel Nord | 25:39 |
| 4 | 152 | Duleczus, Halina | 1957 | w | pro homine | 26:51 |
| 5 | 153 | Dilley, Elke | 1960 | w | pro homine | 26:52 |
| 6 | 169 | Etges, Marion | 1960 | w | (Oberhausen) | 27:41 |
| 7 | 173 | Göbeler, Birgit | 1959 | w | (Wesel) | 28:06 |
| 8 | 198 | Brüx, Barbara | 1958 | w | Hamminkelner SV | 30:21 |
| 9 | 204 | Friedhoff, Ursula | 1957 | w | Feuerwehr Wesel | 30:33 |
| 10 | 207 | Borgmann, Inge | 1961 | w | pro homine | 30:37 |
| 11 | 213 | Teutloff, Rita | 1961 | w | LC Duisburg | 31:38 |
| W50 | | | | | | |
| 1 | 56 | Mellinghoff, Elke | 1956 | w | Homberger TV | 21:55 |
| 2 | 174 | Neumann, Monika | 1953 | w | (Wesel) | 28:07 |
| 3 | 200 | Kistner, Ellen | 1956 | w | Hamminkelner SV | 30:28 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Zeit |
|--------------------|----------|-----------------------|--------|-------|---------------------------|-------|
| W55 | | | | | | |
| 1 | 58 | Hoschke, Traudel | 1951 | w | Homberger TV | 21:59 |
| W70 | | | | | | |
| 1 | 232 | Kosubek, Margret | 1936 | w | Marathon Dinslaken | 38:56 |
| Schüler D | | | | | | |
| 1 | 76 | Fortmann, Cedric | 1998 | m | TSV Raesfeld | 23:24 |
| 2 | 128 | Kohlhof, Nils | 1998 | m | (Köln) | 25:51 |
| 3 | 149 | Hagen, Nico | 1997 | m | Hotte`s Fitnessclub Wesel | 26:43 |
| Schüler C | | | | | | |
| 1 | 53 | Pagojus, Nils | 1995 | m | SUS Wesel Nord | 21:53 |
| 2 | 85 | Zorn, Philipp | 1996 | m | (Wesel) | 23:52 |
| 3 | 130 | Brüx, Paul | 1995 | m | Hamminkelter SV | 26:00 |
| 4 | 133 | Hemmers, Felix | 1995 | m | BSV GW Wesel-Flüren | 26:09 |
| 5 | 137 | Otten, Hubert | 1995 | m | TuS Haffen-Mehr | 26:19 |
| Schüler B | | | | | | |
| 1 | 26 | Fischell, Jan-Philipp | 1994 | m | LC Duisburg | 19:42 |
| 2 | 27 | Sanders, Torsten | 1994 | m | LG Hünxe-Running Kids | 19:57 |
| 3 | 34 | Böhmer, Marcel | 1993 | m | TuS Xanten | 20:28 |
| 4 | 41 | Scheuerer, Ricardo | 1994 | m | (DGS) GSV Wuppertal | 20:54 |
| 5 | 44 | Hochstrat, Steffen | 1993 | m | Weseler TV | 21:11 |
| 6 | 59 | Strehl, Steve | 1994 | m | LG Hünxe-Running Kids | 22:08 |
| 7 | 68 | Fortmann, Niklas | 1994 | m | TSV Raesfeld | 22:51 |
| 8 | 69 | Gorny, Moritz | 1993 | m | TSV Raesfeld | 22:55 |
| 9 | 75 | Gudel, Christian | 1994 | m | TSV Raesfeld | 23:23 |
| 10 | 78 | Karbowiak, Fabian | 1994 | m | SUS Wesel Nord | 23:36 |
| 11 | 99 | Wrobel, Jan | 1994 | m | (Wesel) | 24:31 |
| 12 | 107 | Ulrich, Malte | 1993 | m | LAV Bayer 05 Uerdingen | 24:56 |
| 13 | 162 | Kunze, Fabrice | 1994 | m | (Wesel) | 27:20 |
| 14 | 171 | Entes, Levent | 1993 | m | (Dinslaken) | 27:58 |
| Schüler A | | | | | | |
| 1 | 40 | Uphaus, Jan Ole | 1992 | m | LG Hünxe-Running Kids | 20:48 |
| 2 | 52 | Schlei, Jan-Simon | 1992 | m | TuS Haffen-Mehr | 21:51 |
| 3 | 67 | Fichte, Paul | 1991 | m | (Wesel) | 22:47 |
| m. Jugend B | | | | | | |
| 1 | 8 | Schäfer, Florian | 1989 | m | VFL Merkur Kleve | 17:12 |
| 2 | 11 | Weibel, Peter | 1990 | m | SV 1919 Sonsbeck e.V. | 17:33 |
| 3 | 17 | Börgers, Erik | 1990 | m | Weseler TV Leichtathletik | 18:18 |
| 4 | 19 | Möller, Jonah | 1990 | m | SV 1919 Sonsbeck e.V. | 19:03 |
| 5 | 28 | Höpken, Björn | 1990 | m | LG Hünxe-Running Kids | 20:09 |
| 6 | 36 | van Zwamen, Christoph | 1990 | m | Team Niederrhein | 20:34 |
| 7 | 66 | Hajduk, Dennis | 1990 | m | (Wesel) | 22:45 |
| 8 | 109 | Wagner, Jannis | 1990 | m | AS Neukirchen-Vluyn | 24:59 |
| 9 | 177 | Steigerwald, Melvin | 1990 | m | die gang | 28:38 |
| m. Jugend A | | | | | | |
| 1 | 10 | Borchers, David | 1987 | m | SV 1919 Sonsbeck e.V. | 17:19 |
| 2 | 88 | Brinkmann, Raffael | 1987 | m | (Hamminkeln) | 23:55 |
| 3 | 89 | Rauchel, Kai | 1987 | m | die wilde 13 | 24:00 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Zeit |
|-----|----------|------------------------|--------|-------|-----------------|-------|
| 4 | 94 | Flaswinkel, Jan | 1987 | m | (Hamminkeln) | 24:20 |
| 5 | 110 | Hebing, Andreas | 1988 | m | (Hamminkeln) | 25:01 |
| 6 | 176 | Kopp, Florian | 1988 | m | (Hamminkeln) | 28:34 |
| 7 | 183 | Aldenhoff, Franz Josef | 1988 | m | Feuerwehr Wesel | 29:03 |
| 8 | 186 | Gollub, Micha | 1988 | m | | 29:21 |
| 9 | 191 | Friedhoff, Mathias | 1988 | m | Feuerwehr Wesel | 29:48 |
| 10 | 192 | Kuhlmann, Thomas | 1987 | m | Feuerwehr Wesel | 29:48 |

Männer

| | | | | | | |
|----|-----|------------------------|------|---|----------------------------|-------|
| 1 | 1 | Stevens, David | 1983 | m | | 15:30 |
| 2 | 3 | Mentzen, Jörg | 1979 | m | FC Stoppenberg LT | 16:11 |
| 3 | 5 | van Dongen, Heinz | 1977 | m | TSV Weeze | 16:28 |
| 4 | 21 | Boekholt, Stephan | 1978 | m | | 19:13 |
| 5 | 42 | Wemmers, Dominik | 1985 | m | (Wesel) | 20:54 |
| 6 | 48 | Siedler, Stefan | 1986 | m | LG Suhrborg | 21:31 |
| 7 | 49 | Löll, Stephan | 1979 | m | BV Wesel Rot-Weiss | 21:40 |
| 8 | 71 | Art, Nico | 1977 | m | (Krefeld) | 23:02 |
| 9 | 96 | Nieland, Jörg | 1981 | m | Lebensh. Unterer Niederrh. | 24:26 |
| 10 | 125 | Gralewski, Martin | 1986 | m | (Rheinberg) | 25:46 |
| 11 | 127 | Winkler, Michael | 1983 | m | (DGS) GSBV Halle | 25:49 |
| 12 | 148 | Scholten, Volker | 1977 | m | LG Suhrborg | 26:41 |
| 13 | 160 | Lakermann, Jörg | 1978 | m | die gang | 27:11 |
| 14 | 201 | Schwerhoff, Daniel | 1984 | m | Volksbank Rhein-Lippe eG | 30:28 |
| 15 | 222 | Großholdermann, Manuel | 1986 | m | Lebensh. Unterer Niederrh. | 34:19 |
| 16 | 226 | Schaffeld, Patrick | 1986 | m | Lebensh. Unterer Niederrh. | 34:58 |

M30

| | | | | | | |
|----|-----|------------------------|------|---|---------------------------|-------|
| 1 | 7 | Cam, Sefai | 1973 | m | TUSEM Essen | 17:07 |
| 2 | 57 | Strubel, Thomas | 1973 | m | Kanu-Club-Friedrichsfeld | 21:55 |
| 3 | 116 | Elschhof, Mark | 1973 | m | Volksbank Rhein-Lippe eG | 25:26 |
| 4 | 131 | Lobitz, Markus | 1974 | m | Hotte`s Fitnessclub Wesel | 26:00 |
| 5 | 136 | Stoll, Wenzel | 1972 | m | Team Niederrhein | 26:16 |
| 6 | 166 | Schmidt, Henry | 1972 | m | | 27:34 |
| 7 | 193 | Hüser, Torsten | 1974 | m | LG Suhrborg | 29:53 |
| 8 | 194 | Krämer, Mark | 1973 | m | Verbands-Sparkasse Wesel | 29:59 |
| 9 | 195 | Riehl, Ralf | 1972 | m | (Wesel) | 29:59 |
| 10 | 221 | Lackermann, Mike | 1976 | m | Autohaus Lackermann-Team | 33:41 |
| 11 | 231 | Collisi, Thomas Martin | 1973 | m | | 36:47 |

M35

| | | | | | | |
|----|-----|----------------------|------|---|----------------------------|-------|
| 1 | 12 | Smetten, Stefan | 1970 | m | Lebensh. Unterer Niederrh. | 17:39 |
| 2 | 24 | Koch, Dirk | 1971 | m | | 19:28 |
| 3 | 30 | Hülshorst, Stefan | 1969 | m | die wilde 13 | 20:20 |
| 4 | 37 | Schepers, Klaus | 1968 | m | LG Hünxe | 20:35 |
| 5 | 74 | Lackermann, Jörg | 1969 | m | Autohaus Lackermann-Team | 23:18 |
| 6 | 103 | Bünker, Andreas | 1970 | m | TUS Haffen-Mehr | 24:46 |
| 7 | 115 | Feuchthofen, Michael | 1969 | m | (Hünxe) | 25:22 |
| 8 | 117 | Siebers, Ludger | 1971 | m | Hotte`s Fitnessclub Wesel | 25:27 |
| 9 | 123 | Terhürne, Andre | 1968 | m | die wilde 13 | 25:40 |
| 10 | 129 | Hanelt, Andreas | 1970 | m | (Wesel) | 25:53 |
| 11 | 132 | Schnelting, Ingo | 1968 | m | TUS Haffen-Mehr | 26:05 |
| 12 | 141 | Lackermann, Sven | 1969 | m | Autohaus Lackermann-Team | 26:23 |
| 13 | 158 | Linssen, Andreas | 1970 | m | Lebensh. Unterer Niederrh. | 27:08 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Zeit |
|-----|----------|-----------------------|--------|-------|--------------|-------|
| 14 | 161 | Rupp, Frank | 1970 | m | pro homine | 27:15 |
| 15 | 188 | Zimmer, Pascal | 1969 | m | (Wesel) | 29:27 |
| 16 | 189 | Steger, Jörg | 1967 | m | (Hamminkeln) | 29:36 |
| 17 | 216 | Schnurbusch, Thorsten | 1967 | m | (Wesel) | 32:21 |
| 18 | 228 | Stavoulos, Andreas | 1967 | m | Flotte Haxen | 36:00 |

M40

| | | | | | | |
|----|-----|--------------------|------|---|----------------------------|-------|
| 1 | 2 | Seelen, Thomas | 1964 | m | | 15:58 |
| 2 | 4 | Aymanns, Theo | 1966 | m | VfB Alemannia Pfalzdorf | 16:19 |
| 3 | 6 | Pagojus, Bernd | 1963 | m | LG Hünxe | 16:42 |
| 4 | 14 | van Dongen, Paul | 1963 | m | TSV Weeze | 18:04 |
| 5 | 15 | Kreimer, André | 1966 | m | (Bocholt) | 18:12 |
| 6 | 18 | Kistemann, Horst | 1965 | m | TUS Haffen-Mehr | 18:25 |
| 7 | 20 | Stahr, Ralf | 1962 | m | (Duisburg) | 19:07 |
| 8 | 23 | Borin, Ralf | 1964 | m | Flotte Haxen | 19:24 |
| 9 | 35 | Sündermann, Rainer | 1964 | m | (Moers) | 20:31 |
| 10 | 50 | Lorkowski, Peter | 1963 | m | Die blauen Bengel | 21:42 |
| 11 | 65 | Nigbur, Stephan | 1963 | m | SV 08/29 Friedrichsf. e.V. | 22:39 |
| 12 | 70 | Müller, Kurt | 1965 | m | (Wesel) | 23:01 |
| 13 | 77 | Killisch, Uwe | 1964 | m | (Wesel) | 23:31 |
| 14 | 90 | Ballmann, Roman | 1965 | m | TSV Raesfeld | 24:02 |
| 15 | 91 | Mithöfer, Achim | 1966 | m | (Wesel) | 24:04 |
| 16 | 97 | Langner , Georg | 1962 | m | | 24:28 |
| 17 | 120 | Wasl, Manfred | 1965 | m | LG Suhrborg | 25:38 |
| 18 | 145 | Diek, Martin | 1965 | m | Holding Pro-Homine | 26:38 |
| 19 | 147 | Likuski, Jörg | 1962 | m | VHS-Fitness Wesel | 26:40 |
| 20 | 151 | Heinrich, Uwe | 1963 | m | BSV GW Wesel-Flüren | 26:47 |
| 21 | 157 | Heister, Alwin | 1966 | m | Lebensh. Unterer Niederrh. | 27:07 |
| 22 | 170 | Steigerwald, Peter | 1962 | m | die gang | 27:46 |
| 23 | 175 | Geerk, Ralf | 1966 | m | (DGS) HSV Wesel | 28:28 |
| 24 | 185 | Gafert, Christian | 1963 | m | (Castrop-Rauxel) | 29:18 |
| 25 | 190 | Brands, Dietmar | 1963 | m | Marathon Kleve | 29:46 |
| 26 | 219 | Thedt, Michael | 1963 | m | (Erkelenz) | 33:20 |
| 27 | 229 | Fischer, Dirk | 1965 | m | Flotte Haxen | 36:00 |

M45

| | | | | | | |
|----|-----|--------------------|------|---|----------------------------|-------|
| 1 | 9 | Funke , Bernd | 1961 | m | Waltroper LC | 17:12 |
| 2 | 16 | Engel, Frank | 1961 | m | LAV-Bayer Dormagen | 18:17 |
| 3 | 22 | Fleskes, Gerd | 1958 | m | VfB Alemannia Pfalzdorf | 19:23 |
| 4 | 32 | Giesbers, Berthold | 1959 | m | TUS Drevenack | 20:24 |
| 5 | 43 | Brüx, Matthias | 1958 | m | Hamminkelner SV | 21:02 |
| 6 | 46 | Majert, Wolfgang | 1957 | m | Autohaus Lackermann-Team | 21:17 |
| 7 | 55 | Reichelt, Herbert | 1957 | m | Die blauen Bengel | 21:54 |
| 8 | 61 | Mindthoff, Uwe | 1958 | m | VHS-Fitness Wesel | 22:11 |
| 9 | 64 | Nüse, Thomas | 1961 | m | (Wesel) | 22:37 |
| 10 | 73 | Berger, Manfred | 1958 | m | TSV Weeze | 23:08 |
| 11 | 80 | Bromby, Thomas | 1960 | m | | 23:39 |
| 12 | 81 | Wüstmann, Günter | 1959 | m | TUS Drevenack | 23:40 |
| 13 | 104 | Kaiser, Jörg | 1961 | m | Flotte Haxen | 24:47 |
| 14 | 119 | Schäfer, Wolfgang | 1958 | m | Relax Fitness Studio Weeze | 25:34 |
| 15 | 135 | Schueller, Mathias | 1958 | m | (Wesel) | 26:14 |
| 16 | 138 | Teutloff, Volker | 1958 | m | LC Duisburg | 26:20 |
| 17 | 182 | Fänger, Bodo | 1958 | m | (Wesel) | 28:46 |

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|-----|----------|----------------------|--------|-------|--------------------------|-------|
| 18 | 184 | Hülsdonk, Karl-Heinz | 1957 | m | Volksbank Rhein-Lippe eG | 29:14 |
| 19 | 209 | Spelleken, Jörg | 1960 | m | Hamminkelner SV | 30:49 |
| 20 | 210 | Stenten, Ludger | 1958 | m | pro homine | 30:52 |

M50

| | | | | | | |
|---|-----|---------------------|------|---|--------------------------|-------|
| 1 | 47 | Weiß, Manfred | 1955 | m | Running Team Ratingen | 21:25 |
| 2 | 63 | Rademacher, Gerhard | 1955 | m | Volksbank Rhein-Lippe eG | 22:23 |
| 3 | 72 | Neu, Christoph | 1952 | m | TC Blau-Weiss Spellen | 23:03 |
| 4 | 155 | Kochale, Burkhard | 1954 | m | TC Bislich | 27:05 |
| 5 | 215 | Göbeler, Reinhard | 1954 | m | (Wesel) | 32:11 |

M55

| | | | | | | |
|---|-----|------------------|------|---|--------------------------|-------|
| 1 | 54 | Buteweg, Helmut | 1947 | m | Hamminkelner SV | 21:53 |
| 2 | 62 | Overbeck, Günter | 1948 | m | | 22:21 |
| 3 | 164 | Karg, Wolfgang | 1951 | m | Volksbank Rhein-Lippe eG | 27:25 |
| 4 | 205 | Friehoff, Rudolf | 1951 | m | Feuerwehr Wesel | 30:33 |

M60

| | | | | | | |
|---|-----|-------------------|------|---|----------------|-------|
| 1 | 121 | Matberg, Reinhard | 1944 | m | siemens bsg | 25:38 |
| 2 | 143 | Asselborn, Lothar | 1942 | m | SUS Wesel Nord | 26:34 |
| 3 | 168 | Schmitz, Wilhelm | 1946 | m | LG Alpen | 27:39 |

M65

| | | | | | | |
|---|----|--------------|------|---|---------------------------|-------|
| 1 | 87 | Ehlert, Sigi | 1940 | m | Ski- Club Wesel 1969 e.V. | 23:53 |
|---|----|--------------|------|---|---------------------------|-------|

M70

| | | | | | | |
|---|-----|------------------|------|---|--------------------|-------|
| 1 | 181 | Kosubek, Egon | 1933 | m | Marathon Dinslaken | 28:44 |
| 2 | 218 | Karden, Wilfried | 1936 | m | Marathon Dinslaken | 32:51 |

Anzahl: 233