

2. Lippe-Issel-Cup 2008

Gesamtergebnis 10.000m Lippe Issel Cup

| Pl. | Ak Name | Jg. | m/w | Pl. | AK | Verein | Scherm. | Raesf. | Drev. | Hamm. | Gesamt |
|-------------|------------------------------|------|-----|-----|--------|-----------------------------|---------|---------|---------|---------|----------|
| w. Jugend B | | | | | | | | | | | |
| 1 | Barg, Anna | 1992 | w | 26 | w. | (Raesfeld) | 43:05,5 | 42:35,8 | 42:35,8 | 44:29,0 | 128:17,1 |
| 2 | Jansen, Carola | 1997 | w | 52 | w. | TSG Kirchhellen | 47:48,9 | 48:33,4 | | 45:48,0 | 142:10,3 |
| Frauen | | | | | | | | | | | |
| 1 | Schulz-Gutthoff, Kristin | 1979 | w | 20 | Frauen | TSV Schloss Neuhaus | 41:51,5 | 41:24,8 | 41:10,7 | 41:56,0 | 124:27,0 |
| 2 | Eimers, Sandra | 1981 | w | 64 | Frauen | SV Brünen | 49:29,1 | 48:33,8 | | 50:49,0 | 148:51,9 |
| 3 | Walter, Katrin | 1979 | w | 91 | Frauen | SV Brünen | 55:06,9 | 54:23,8 | | 57:00,0 | 166:30,7 |
| W30 | | | | | | | | | | | |
| 1 | Fiegen, Isabel | 1977 | w | 78 | W30 | Lauffreunde HADI Wesel | 51:18,1 | | 53:36,5 | 53:23,0 | 158:17,6 |
| 2 | Schult, Nadine | 1975 | w | 97 | W30 | VHS Fitness Wesel | 58:49,1 | 57:26,3 | 57:53,2 | | 174:08,7 |
| W35 | | | | | | | | | | | |
| 1 | Jansen, Gabriele | 1970 | w | 21 | W35 | TSG Kirchhellen | 41:37,7 | 41:52,4 | 41:14,3 | 41:53,0 | 124:44,4 |
| 2 | Schlender, Kai Esther | 1972 | w | 53 | W35 | LG Hünxe | 48:20,1 | 49:40,8 | 48:28,1 | 46:18,0 | 143:06,2 |
| 3 | Alberding-Steinkamp, Martina | 1970 | w | 62 | W35 | Voll Daneben | 48:17,2 | 50:02,3 | | 50:05,0 | 148:24,5 |
| 4 | Tielkes, Karen | 1970 | w | 72 | W35 | LT BW Dingden | 50:04,3 | 51:06,6 | | 51:31,0 | 152:41,9 |
| 5 | Spangemacher, Gaby | 1971 | w | 73 | W35 | LT BW Dingden | 51:37,3 | 51:18,3 | 51:10,0 | | 154:05,7 |
| W40 | | | | | | | | | | | |
| 1 | Langela, Christa | 1964 | w | 69 | W40 | Laufftreff Nordvelen | 50:37,5 | 50:01,7 | 50:24,9 | | 151:04,2 |
| 2 | Limberg, Monika | 1964 | w | 81 | W40 | | 51:05,5 | 53:38,0 | 54:48,4 | | 159:32,0 |
| 3 | Benge, Ute | 1965 | w | 83 | W40 | BSV Grün-Weiß Wesel-Flüren | 51:56,2 | | 53:20,8 | 54:33,0 | 159:50,0 |
| W45 | | | | | | | | | | | |
| 1 | Giesbers, Christine | 1963 | w | 58 | W45 | LG Hünxe | 49:04,0 | 48:46,3 | 47:58,7 | 50:02,0 | 145:49,1 |
| 2 | Fortmann, Hedwig | 1963 | w | 90 | W45 | TSV Raesfeld | 54:58,3 | 55:19,0 | | 55:11,0 | 165:28,3 |
| 3 | Berger, Angela | 1962 | w | 101 | W45 | TSV Weeze | 62:51,0 | | 62:43,0 | 65:12,0 | 190:46,0 |
| W50 | | | | | | | | | | | |
| 1 | Fisahn, Veronika | 1955 | w | 86 | W50 | St.-Georg-Gymnasium Bocholt | 53:04,3 | 53:38,8 | 54:13,2 | | 160:56,3 |

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|--------------------|-----------------------|------|-----|-----|--------|------------------------|---------|---------|---------|---------|----------|
| W55 | | | | | | | | | | | |
| 1 | Berger, Ute | 1949 | w | 87 | W55 | LT Wesel 130 | 53:22,1 | | 53:17,2 | 55:23,0 | 162:02,3 |
| 2 | Grundmann, Elisabeth | 1949 | w | 98 | W55 | TSV Raesfeld | 57:12,1 | | 59:20,2 | 61:43,0 | 178:15,3 |
| W65 | | | | | | | | | | | |
| 1 | Dahlhaus, Inge | 1942 | w | 100 | W65 | LG Hünxe | 60:38,1 | | 64:26,1 | 65:14,0 | 190:18,2 |
| m. Jugend A | | | | | | | | | | | |
| 1 | Schreier, Paul | 1990 | m | 37 | m. | Rapid Ramirez | 44:43,5 | 44:34,3 | | 45:06,0 | 134:23,8 |
| Männer | | | | | | | | | | | |
| 1 | Stegemann, Stefan | 1980 | m | 8 | Männer | SV Hamminkeln | 38:43,8 | 39:13,3 | 38:11,6 | | 116:08,8 |
| 2 | Leesing, Michael | 1981 | m | 22 | Männer | TV Borken | 41:24,3 | 42:31,2 | | 41:51,0 | 125:46,5 |
| 3 | Becker, Sebastian | 1987 | m | 47 | Männer | SV Brünen | 46:45,5 | 47:28,3 | | 46:11,0 | 140:24,8 |
| M30 | | | | | | | | | | | |
| 1 | Jungblut, Martin | 1975 | m | 6 | M30 | (Dorsten) | 38:20,7 | 38:01,0 | 37:51,5 | 37:54,0 | 113:46,5 |
| 2 | Fölting, Andreas | 1976 | m | 29 | M30 | TSV Raesfeld | 42:52,5 | | 44:02,7 | 42:30,0 | 129:25,2 |
| 3 | Klein-Bösing, Carsten | 1977 | m | 30 | M30 | SV Schermbeck 1912 | 46:52,3 | | 41:09,0 | 41:37,0 | 129:38,3 |
| 4 | Scheier, Jörg | 1976 | m | 32 | M30 | (Bottrop) | 44:05,8 | 44:10,2 | 43:13,4 | 45:15,0 | 131:29,5 |
| 5 | Wehren, Stephan | 1976 | m | 76 | M30 | FC Sportlereck Bottrop | 53:05,3 | | 53:23,0 | 50:33,0 | 157:01,3 |
| M35 | | | | | | | | | | | |
| 1 | Schmeink, Stefan | 1972 | m | 11 | M35 | evosec.de Running TEam | 38:36,4 | 39:39,9 | 39:29,6 | 39:48,0 | 117:45,9 |
| 2 | Mattheis, Tobias | 1972 | m | 17 | M35 | (Dorsten) | 41:08,4 | 40:28,5 | | 39:55,0 | 121:31,9 |
| 3 | Bettger, Thomas | 1972 | m | 18 | M35 | SV Hamminkeln | 40:47,8 | 41:13,3 | 39:37,3 | | 121:38,5 |
| 4 | Dieckmann, Jörn | 1971 | m | 19 | M35 | SV Schermbeck 1912 | 41:19,2 | 41:10,7 | 41:43,2 | | 124:13,1 |
| 5 | Dockhorn, Ingo | 1971 | m | 45 | M35 | Rapid Ramirez | 45:38,8 | 45:33,9 | | 48:25,0 | 139:37,7 |
| 6 | Hülsdünker, Armin | 1972 | m | 56 | M35 | BP GE Running Team | | 51:25,9 | 45:23,3 | 48:14,0 | 145:03,3 |
| 7 | Steinkamp, Rainer | 1969 | m | 57 | M35 | Voll Daneben | 48:02,3 | 49:40,0 | | 47:22,0 | 145:04,3 |
| 8 | Bergmann, Ansgar | 1970 | m | 60 | M35 | Rapid Ramirez | 49:14,0 | 49:02,3 | 49:28,0 | 49:49,0 | 147:44,3 |
| 9 | Theresiak, Frank | 1969 | m | 74 | M35 | Rapid Ramirez | 50:49,5 | 50:05,5 | | 53:52,0 | 154:47,0 |
| 10 | Kühn, Olli | 1969 | m | 77 | M35 | Rapid Ramirez | 53:45,2 | 52:25,4 | | 51:23,0 | 157:33,6 |

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|------------|----------------------|------|-----|-----|-----|----------------------------|---------|---------|---------|---------|----------|
| M40 | | | | | | | | | | | |
| 1 | Aymanns, Theo | 1966 | m | 1 | M40 | VfB Alemannia Pfalzdorf | 35:06,0 | 34:46,1 | 34:26,7 | 34:01,0 | 103:13,8 |
| 2 | Peters, Geron | 1967 | m | 2 | M40 | Pac-Tu Wehl / NL | | 35:26,1 | 35:30,2 | 35:58,0 | 106:54,3 |
| 3 | Nowakowski, Michael | 1968 | m | 3 | M40 | TuS Oedt | 35:50,7 | 37:38,3 | 36:24,1 | 36:36,0 | 108:50,8 |
| 4 | Kreimer, André | 1966 | m | 5 | M40 | (Bocholt) | 37:17,8 | 37:27,4 | 36:27,9 | 39:47,0 | 111:13,2 |
| 5 | Krutzinna, Ingo | 1968 | m | 9 | M40 | Marathon Dinslaken | 39:15,0 | | 38:44,9 | 38:35,0 | 116:34,9 |
| 6 | Tiemann, Thorsten | 1968 | m | 16 | M40 | TV Voerde | 39:36,5 | | 40:05,4 | 41:12,0 | 120:53,9 |
| 7 | Schilling, Andre | 1966 | m | 23 | M40 | (Wesel) | 42:44,9 | | 41:27,7 | 41:51,0 | 126:03,6 |
| 8 | Witter, Michael | 1966 | m | 25 | M40 | SV Brünen | 42:38,1 | 42:20,0 | 41:51,6 | 43:30,0 | 126:49,7 |
| 9 | Maus, Stefan | 1964 | m | 35 | M40 | (Schermbeck) | 43:01,4 | 43:47,3 | | 46:53,0 | 133:41,7 |
| 10 | Halacz, Peter | 1965 | m | 38 | M40 | Oberhausen | | 45:10,9 | 44:11,6 | 45:14,0 | 134:36,5 |
| 11 | Neier, Dietmar | 1964 | m | 42 | M40 | Hamminkeln | | 47:46,3 | 44:46,9 | 44:26,0 | 136:59,3 |
| 12 | Janus, Andreas | 1966 | m | 49 | M40 | SV Hamminkeln | 47:32,3 | 47:16,4 | | 46:30,0 | 141:18,7 |
| 13 | Venezia, Dino | 1968 | m | 51 | M40 | Rapid Ramirez | 45:29,2 | 46:50,5 | | 49:47,0 | 142:06,7 |
| 14 | Splittorf, Guido | 1964 | m | 59 | M40 | (Dinslaken) | 51:46,4 | 49:30,2 | 48:13,6 | 48:45,0 | 146:28,8 |
| 15 | Hemstege, Klaus | 1967 | m | 61 | M40 | VHS Fitness Wesel | 48:47,9 | | 48:26,3 | 51:00,0 | 148:14,2 |
| 16 | Fasselt, Markus | 1968 | m | 63 | M40 | Voll Daneben | 48:15,3 | 48:42,9 | | 51:41,0 | 148:39,2 |
| 17 | Zerressen, Dirk | 1966 | m | 75 | M40 | Rapid Ramirez | 51:19,5 | 52:41,3 | 52:44,4 | 57:06,0 | 156:45,2 |
| 18 | Langenhahn, Stefan | 1967 | m | 80 | M40 | Bocholt | | 51:48,3 | 52:25,1 | 54:50,0 | 159:03,4 |
| M45 | | | | | | | | | | | |
| 1 | Sänger, Jörg | 1963 | m | 4 | M45 | Marathon Dinslaken | 35:47,5 | | 36:04,6 | 37:19,0 | 109:11,1 |
| 2 | Splittorf, Michael | 1961 | m | 7 | M45 | Marathon Dinslaken | 38:35,6 | 38:33,6 | 37:57,6 | | 115:06,9 |
| 3 | Mertesacker, Günter | 1959 | m | 15 | M45 | Hamminkelter SV | 40:13,9 | 40:37,5 | 40:00,1 | | 120:51,6 |
| 4 | Wiedner, Hans-Jürgen | 1959 | m | 24 | M45 | BSV Grün-Weiß Wesel-Flüren | 42:10,2 | 42:22,0 | 41:40,9 | 54:33,0 | 126:13,1 |
| 5 | Bussen, Matthias | 1961 | m | 28 | M45 | Hamminkelter SV | | 43:37,5 | 42:24,6 | 43:18,0 | 129:20,2 |
| 6 | Schlattmann, Winand | 1960 | m | 31 | M45 | TSV Raesfeld | 43:36,8 | 43:53,0 | 43:36,2 | | 131:06,1 |
| 7 | Hänsel, Rene | 1963 | m | 33 | M45 | (Dorsten) | 42:46,5 | 44:33,2 | | 44:29,0 | 131:48,7 |
| 8 | Heuwing, Martin | 1963 | m | 34 | M45 | (Schermbeck) | 44:10,5 | 44:21,8 | | 44:55,0 | 133:27,3 |
| 9 | Brinks, Joachim | 1961 | m | 39 | M45 | Rapid Ramirez | | 46:34,5 | 43:54,3 | 45:44,0 | 136:12,9 |
| 10 | Rochlitz, Karl-Heinz | 1959 | m | 40 | M45 | (Hamminkeln) | 46:42,3 | 45:56,9 | 45:15,1 | 45:26,0 | 136:38,1 |
| 11 | Schwane, Konrad | 1963 | m | 41 | M45 | TSV Raesfeld | 44:54,3 | | 44:35,8 | 47:13,0 | 136:43,1 |
| 12 | Mazurek, Dieter | 1959 | m | 48 | M45 | Adler 07 Langlauf Bottrop | | 46:42,5 | 47:05,7 | 47:18,0 | 141:06,2 |
| 13 | Oesing, Johannes | 1961 | m | 50 | M45 | TSV Raesfeld | 47:29,8 | 47:27,7 | 46:27,0 | 50:45,0 | 141:24,6 |

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| 14 | Witte, Günter | 1959 | m | 54 | M45 | Laufftreff Sterkrade Nord | | 47:45,4 | 47:16,2 | 48:13,0 | 143:14,7 |
| 15 | Keiten Schmitz, Lothar | 1963 | m | 65 | M45 | LT BW Dingden | 48:13,6 | 49:28,3 | | 51:13,0 | 148:54,9 |
| 16 | Wolthaus, Klaus | 1961 | m | 68 | M45 | Rapid Ramirez | 51:20,3 | 50:14,5 | 49:00,2 | | 150:35,0 |
| 17 | Zöllner, Robert | 1962 | m | 95 | M45 | Marathon Dinslaken | 56:16,6 | 57:48,8 | 56:43,3 | 59:02,0 | 170:48,8 |

M50

| | | | | | | | | | | | |
|----|------------------|------|---|----|-----|------------------------|---------|---------|---------|---------|----------|
| 1 | Haagen, Jos | 1954 | m | 10 | M50 | SV Nütterden | | 39:30,7 | 38:26,4 | 39:23,0 | 117:20,2 |
| 2 | Pollack, Ulrich | 1954 | m | 13 | M50 | SV Hamminkeln | 40:09,9 | 39:09,2 | 39:35,6 | 39:59,0 | 118:43,9 |
| 3 | Wiener, Herbert | 1954 | m | 14 | M50 | TV Borken | 41:04,8 | 40:20,9 | 39:12,7 | 40:08,0 | 119:41,6 |
| 4 | Doussis, Georg | 1957 | m | 27 | M50 | RAG Bottrop | | 44:03,8 | 42:37,3 | 42:04,0 | 128:45,1 |
| 5 | Renken, Uwe | 1955 | m | 44 | M50 | SV Hamminkeln | 45:54,6 | 47:03,7 | 45:59,8 | 47:44,0 | 138:58,1 |
| 6 | Ohletz, Egon | 1955 | m | 46 | M50 | (Dorsten) | 47:24,9 | 45:43,5 | 46:29,9 | 47:30,0 | 139:38,3 |
| 7 | Kock, Andreas | 1957 | m | 55 | M50 | SV Schermbeck 1912 | 47:40,8 | 47:37,8 | 48:52,9 | | 144:11,5 |
| 8 | Schikora, Rainer | 1957 | m | 67 | M50 | SV Schermbeck | | 49:34,8 | 50:31,7 | 49:58,0 | 150:04,5 |
| 9 | Mindthoff, Uwe | 1958 | m | 70 | M50 | VHS Fitness Wesel | 48:47,2 | | 49:17,5 | 53:14,0 | 151:18,7 |
| 10 | Berger, Manfred | 1958 | m | 71 | M50 | TSV Weeze | 49:23,3 | | 50:52,9 | 52:02,0 | 152:18,2 |
| 11 | Giesen, Uwe | 1958 | m | 79 | M50 | BKV Oberhausen1953 | 52:10,3 | 54:10,7 | 52:33,4 | 54:59,0 | 158:54,5 |
| 12 | Janzen, Heinz | 1954 | m | 82 | M50 | Lauffreunde HADI Wesel | 51:56,9 | | 53:39,3 | 54:04,0 | 159:40,2 |
| 13 | Hemsteg, Harald | 1958 | m | 96 | M50 | SV Hamminkeln | 54:21,1 | 58:35,4 | | 57:56,0 | 170:52,5 |

M55

| | | | | | | | | | | | |
|---|-------------------------|------|---|----|-----|--------------------|---------|---------|---------|---------|----------|
| 1 | Kohls, Günter | 1949 | m | 85 | M55 | Berufskolleg Wesel | 52:20,3 | 54:58,8 | 53:01,1 | 54:41,0 | 160:02,4 |
| 2 | Strothmann, Hans-Dieter | 1952 | m | 93 | M55 | TSV Raesfeld | 55:35,6 | 57:19,9 | 57:13,9 | | 170:09,5 |

M60

| | | | | | | | | | | | |
|---|-------------------|------|---|----|-----|------------------------|---------|---------|---------|---------|----------|
| 1 | Fernholz, Jürgen | 1948 | m | 12 | M60 | LAV Oberhausen | 38:31,1 | | 38:51,6 | 40:49,0 | 118:11,7 |
| 2 | Skowronek, Jürgen | 1945 | m | 66 | M60 | Langlauf Bottrop | 49:08,2 | 50:20,0 | 50:16,9 | 51:12,0 | 149:45,2 |
| 3 | Becks, Rolf | 1945 | m | 84 | M60 | LG Hünxe | 53:21,1 | | 51:37,7 | 55:00,0 | 159:58,8 |
| 4 | Kloß, Dieter | 1947 | m | 92 | M60 | Lauffreunde HADI Wesel | 56:52,4 | | 55:02,6 | 56:56,0 | 168:51,0 |

M65

| | | | | | | | | | | | |
|---|----------------|------|---|----|-----|---------------|---------|---------|---------|---------|----------|
| 1 | Boland, August | 1941 | m | 36 | M65 | SV Hamminkeln | 44:42,8 | 44:40,7 | 44:48,2 | 44:56,0 | 134:11,7 |
| 2 | Winter, Heinz | 1940 | m | 43 | M65 | LG Hünxe | 46:27,3 | 46:22,2 | 45:55,1 | | 138:44,6 |

M70

| | | | | | | | | | | | |
|---|-----------------|------|---|----|-----|-----------|---------|---------|--|---------|----------|
| 1 | Szymkowiak, Leo | 1937 | m | 88 | M70 | (Bocholt) | 53:29,1 | 55:38,7 | | 55:12,0 | 164:19,8 |
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| 2 | Röskenbleck, Werner | 1937 | m | 89 | M70 | TSV Raesfeld | | 55:21,8 | 54:24,5 | 55:40,0 | 165:26,3 |
| 3 | Häuser, Rudolf | 1934 | m | 99 | M70 | BSV GW Flüren | 60:24,2 | 59:15,0 | 60:59,1 | | 180:38,3 |
| M75 | | | | | | | | | | | |
| 1 | Bourry, Helmut | 1930 | m | 94 | M75 | LT Wesel 130 | 56:13,7 | 55:40,6 | 58:26,2 | | 170:20,5 |

Anzahl: 101